

EnneaFest Day One

Saturday 9th April 2022



9.00 Arrival and registration

10.00 Community gathering, welcome
Introduction to EnneaFest 2022: The Enneagram in Action

10.20 **Keynote 1: The Enneagram in Leadership and in Life**

Martin Salzwedel (D)



What will we do with new-found freedom post-pandemic? Our choices matter! And in a volatile world conscious choice matters more than ever. Whatever our life role(s) or circumstances, conscious choice is where the power lies. It's key to each of us being 'awake' as active co-creators in our own lives. Martin works with international leaders on executive and organisational development across the globe. He also supports individuals on a more personal journey. He will entertain, inspire and challenge with a rich mix of musicianship, deep understanding and Enneagram insight.

11.40 Break and refreshments

12.00 **Workshop 1** **The Enneagram's Life-giving Qualities**



Sue Braithwaite (UK)

Could you, this year, commit to cultivating generosity, courage, compassion, honesty, playfulness... or other life-giving qualities? How can we each deepen sensitivity to the presence of these in ourselves and those around us? And hold them in the heart of our relationships with clients, colleagues, friends and families? With Sue's help, take a warm, appreciative and down-to-earth approach to Enneagram-inspired life.

Workshop 2 **Relationship as a Spiritual Journey**



Rosemary Cowan (UK)

An exploration of love relationships, this workshop will examine the very good reasons why we chose the person we did, and how they (and our reactions to them) show us the path to spiritual growth. Enneagram-inspired, naturally!

1.15 Lunch break

2.15 **Workshop 3** **Changing Lives - from Leadership to Living Room**



Helen English (UK)

The very concept of 'workplace' has changed beyond recognition, bringing new demands for suppliers, customers, individuals, managers and leaders everywhere. Discover how the Enneagram can change lives - and impact business too - in different settings, and with far-reaching ripple-effects. This may not be your field of work, but as an Enneagram enthusiast this session will intrigue and inspire.

Workshop 4 **Next Steps**



Liz West (UK)

A practical workshop that asks 'now we know the Enneagram, what are our next steps? As we take the inner journey of learning to live more consciously, what changes are we looking for? And what might help us on this pathway? Liz will facilitate conversations on the struggles we're facing as we slowly but surely make progress: growing in awareness and learning to loosen the hold of our type structure in the moment.

3.30 Break and refreshments

4.00 **Workshop 5** **Come ALIVE with the Enneagram!**

Zitta de Fries (DK)



Zitta will facilitate a lively, playful workshop that will help you experience and embody Enneagram energies like never before. As an eminent choreographer and theatre director she describes how, using the Enneagram, professional actors and dancers have benefitted. Let your hair down, have some fun and through movement, make new discoveries!

Join in or watch from the side-lines for a memorable take on the 9 Types.

5.30 **Drinks and Cello Recital by Martin Salzwedel**



6.15 **Interest Corners**

Interest Corner A: Integrating the Enneagram and **Time to Think**. Creating time, space and safety for individuals to truly think: Becca Timmins (UK)

Interest Corner B: Assessment v Dialogue in Enneagram Typing Robert Hutchinson (UK)

Interest Corner C: Open Space facilitated by EALive Team (UK)

7.00 Close

7.30 Dinner for residents

EnneaFest Day Two

Sunday 10th April 2022



9.00 Arrival and day-delegate registration

9.30 Community gathering, welcome to Day 2 of EnneaFest 2022

9.50 **Keynote 2: The Enneagram Prison Project**

Susan Olesek (USA) and UK EPP Team

Susan Olesek shares the Prison Project's remarkable progress. Hear her personal story and that of former prison inmates whose lives have been turned around. Witness the power of an Enneagram programme that combines self-awareness and self-management training with somatic practice and mindfulness.

The UK Prison Project is underway. Hear progress so far and future plans. Meet those who've trained as 'Guides' to take the work into prisons here. What's involved? How might you contribute? Could this approach work with other marginalised communities? And help us spread the word in our own circles?



11.00 Break and refreshments

11.30 **Workshop 6** **The Enneagram's Ancient Origins**

Teresa Daniels (UK)

Uplifted by her recent Egyptian pilgrimage with Enneagram master Russ Hudson, Teresa will share photos, stories and learning. On the trip of a lifetime, through sacred sites, mystical temples and desert pathways in an ancient land. What may we uncover of the Enneagram symbol and its origins, so often described as "lost in antiquity"?



11.30 **Workshop 7** **Compare and Contrast - The Enneagram in different Organisational Settings**

Colette Luscomb (US), Angela Scott (UK)

A dialogue between Colette and Angela in which they share the fundamental similarities and differences in the way they apply the Enneagram of Personality within their very different client bases for leadership, team and organisational development.



12.45 Lunch break

1.45 **Workshop 8** **The Enneagram, Music and Leadership**

Martin Salzwedel (D)

Martin fuses music and the Enneagram in his work internationally, in executive coaching, leadership and 1:1 personal development. How can the Enneagram complement and stimulate our innate creativity? This entertaining and experiential workshop offers a captivating insight into this work and its power, whether for professional or purely personal inspiration.



1.45 **Workshop 9** **Enneagram Journeying**

Heather Brown (UK), Therese Ryan (Eire)

Subtitled 'Sitting in the Gap – Transformational Journeying with The Enneagram', this workshop introduces typical stages of an Enneagram development path. Try out different methods, including somatic practices to support you in your own journey. You'll discover through experience how these may help you move forward, whatever your current circumstances.



2.45 Break and Refreshments

3.15 **Panel Forum – All Session Leaders - Q&A – Dialogue**

We'll be gathering themes and questions throughout and will address them here, amongst facilitators and delegates alike. Many people said this was one of the highlights of our first EnneaFest, with great questions and inspiring conversation. We'll focus especially on how the Enneagram can help and inspire us to thrive in a changing world.

4.30 **Creative and Musical Finale with Martin and Zitta**



5.00 Close

Key to Symbols for the EnneaFest's 4 Themes



Coaching, corporate leadership and development



Social reform



Relationships, personal and spiritual development



Creative arts, innovation and technology

www.enneafest.co.uk for information & booking

* Due to global travel restrictions, this session may stream live or be in recorded format.

Covid 19. We have the firm intention that the EnneaFest will go ahead as a face-to-face event, yet reserve the right to modify conference arrangements as necessary.